

FOCUS: God's power changes my life.
SCRIPTURE: Mark 16; Luke 24:1-53; John 20-21

WEEK OF
MARCH
22-29

After Jesus died, His body was placed in a tomb and a big rock was placed at the entrance so no one could go in or out of it. Three days after His crucifixion, one of His close friends, Mary Magdalene, went to visit this grave. Here's what the Bible says happened:

"Early on the first day of the week, Mary Magdalene went to the tomb. It was still dark. She saw that the stone had been moved away from the entrance. So she ran to Simon Peter and another disciple, the one Jesus loved. She said, 'They have taken the Lord out of the tomb! We don't know where they have put him!'" (John 20:1-2 NIRV).

Not only had the stone been moved from the tomb entrance, but Jesus' body was *gone*. Mary Magdalene was panicked—she thought someone had taken Jesus' body. But that's not what happened. Something incredible, amazing, almost unbelievable had taken place—*Jesus came back to life!*

This single fact separates Jesus from all other men, proving that He is God's Son.

And it's because of His resurrection that we can gain forgiveness for our sins, have courage, be thankful, and have a personal relationship with our heavenly Father.

Spend this week celebrating that Jesus is alive!

ACTIVITIES

THURSDAY, 3/22

Either as a family or by yourself, read John 20:11-18. What happened next?

FRIDAY, 3/23

After discovering that Jesus' body was missing, Jesus actually appeared to Mary and told her He was alive. As a family, talk about how you would have felt if you were Mary. What would you have said to Jesus?

SATURDAY, 3/24

Choose one person to share the story of Jesus' death and resurrection with today.

MONDAY, 3/26

Jesus' death and resurrection means we can serve a God who can do *anything*. What is something you'd like to be able to do better? Ask God to help you today.

TUESDAY, 3/27

Do one thing to take care of your body today (go for a walk, make a healthy snack choice, take a nap, etc).

WEDNESDAY, 3/28

Write down or share aloud 3 things you've learned during this Lent season.

THURSDAY, 3/29

Have a special snack or dessert to celebrate that JESUS IS ALIVE!