

Digging Deeper – Ephesians 4:17–19 (*Living as Children of Light*): Old to New
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Day 1

Pray. Read Ephesians 4:17–19. Think about the sermon subject, *Old to New*, and how *transition* in the life of Christ exemplifies the life-changing experience that we must go through as followers of Christ.

Day 2

Pray. What were the *twin goals* for the church that Paul just spoke about in Ephesians 4:1–16? Paul is also speaking to today's church. What do you think he might say about the progress that we have made in these areas or lack thereof?

Day 3

Pray. Read Ephesians 4:17. Paul insists that we must no longer live as the Gentiles do, in the futility of their thinking. What is meant by *futility of their thinking* in this passage? See also Ecclesiastes 1:2 and Romans 1:21.

Day 4

Pray. Read Ephesians 4:18. In reference to living like the Gentiles (vs. 17), the people did two very foolish things: They darkened in their understanding of God, and they separated themselves from the life of God. Recall that Ephesus was a commercial center in that part of the world. For many, the god of choice during those days was the Roman goddess Diana (Greek Artemis). What was so appealing to the people to choose idolatry over God our Father. Does the practice of worshiping idols still exist today? If so, what is causing us to turn away from God? See also 2 Corinthians 3:14.

Day 5

Pray. Read Ephesians 4:19. This verse describes the sin that caused the people of Ephesus to place a wedge between them and God.

Day 6

Pray. Reread Ephesians 4:17–19. Be encouraged that as we continue our journey through Ephesians, Paul will provide some specific instructions that are useful for battling the same sin that the people of Ephesus struggled with. If you need courage and strength in this area, fall on your knees today and pray as well as rest assured that you are not alone.