

Digging Deeper: Ephesians 4:13–16

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Ephesians 4:11–16 (ESV)

¹¹And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, ¹⁴so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. ¹⁵Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

Day 1

This week, we will look into growing mature in the faith. Today, read the entire passage above, Ephesians 4:11–16, and spend some time praying through these scriptures and meditating on them. Ask the Holy Spirit to illuminate these passages to your mind and heart today.

Day 2

Today, read Ephesians 4:13. There is a lot in this passage. Let's tackle first: "unity in the faith and the knowledge of the son of God..." Read John 5:19. Here we see Jesus doing only what His Father commands. The Lord's prayer says that we are to do His will as it is in heaven. Today, spend time confessing where we fall short and ask the Lord to conform us to always be in accord with His Word and to know Christ fully!

Day 3

Staying in Ephesians 4:13 today, consider what does maturity in Christ mean and Paul's exhortation to us for maturity. Do a word search of maturity in the New Testament, and consider context and meaning so you fully grasp the meaning of this word.

Day 4

Today, look into a parallel passage on maturity 2 Corinthians 3:18. What do you discern is most important to "become like Him" and to reach maturity? Spend today considering Christ and Him crucified. Ask the Lord to reveal to you where and how you need to grow in Him to maturity.

Day 5

Read Ephesians 4:14. Here we see the results of immature faith—being deceived and blown around. Consider Hebrews 11:9. Now consider putting on the full armor of God as we see described in Ephesians 6. Today, consider the consequences of immature faith. Describe and pray about the remedies.

Day 6

Consider today Ephesians 4:15–16. Here we see God's sovereign reason for our maturity is growing us to be part of the body of the redeemed He is creating. Today, make at least five observations of these two passages and what they mean for you and me as part of the redeemed. Today, confess where you have fallen short in your growth in Christ and also ask the Lord to now equip you to reach full maturity.