

Digging Deeper: Ephesians 6:10–13

Written by Robert Lee (Elder at MACC)

Day 1

Pray. In Ephesians 5, Paul spoke about very practical relational realities for living the Christian life: wives and husbands, parents and children, slaves and masters. In chapter 6, Paul speaks directly to the spiritual realities of Christian living and to the battles that all believers at some point will face. Take a moment to think about your life struggles (past and present). You may discover that skirmishes sometimes appear within the relational realities that Paul spoke about in chapter 5. Be aware that *who* we fight alongside and *what* we fight for directly impacts the ultimate outcome of our battles.

Day 2

Pray. Read Ephesians 6:10. Paul tells us to be strong in the Lord and in his mighty power. This verse establishes the overall motivation for the detailed instructions that Paul is about to provide. What analogy is Paul comparing aspects of the Christian faith to in this passage?

Day 3

Pray. Read Ephesians 6:11. Paul instructs believers what to wear for the ongoing and upcoming battles that believers will certainly face. What is the ultimate occasion that Paul speaks about, and what opposing force does the full armor of God intended protect believers from? How much do you trust the armor that Paul recommends for believers? Is this sufficient to protect you and your loved ones against the opposing forces that you face? If not, what additional protective equipment would you recommend and why?

Day 4

Pray. Read Ephesians 6:12. Who or what does Paul say the believer's struggle is against? Why do you think Paul also addresses what the believer's struggle is not against? Think about the opposing forces in your life and the weapons you use to fight your battles today. Are most of your struggles against people or against the *real* enemy that Paul speaks about in verse 12?

Day 5

Pray. Read Ephesians 6:13. What subsequent occasion is Paul's instruction in this passage preparing believers for? Also, read Matthew 24:22 and Mark 13:20. According to Ephesians 6:13, what will believers be able to do when that time comes?

Day 6

Pray. In what areas of your life could you rely less on your own strength and more on the power of God to achieve victory in life's battles that you face? Be encouraged today that when you struggle for what is righteous in the eyes of God, you are taking part in God's battle and therefore have Almighty God on your side. Choose your battles and battle partners wisely!