

Digging Deeper: Ephesians 1:1–10

Greeting/Spiritual Blessing

Written by Craig Corbin (Elder at MACC)

Day 1

Read Ephesians 1:1–10. We are entering a new study for 2021—the timeless and majestic book of Ephesians. Let’s start by doing a small study “about” the book. Who wrote it? When? Why? To whom? And what are the main themes? What do you hope to learn by studying this book?

Day 2

Read the greeting in Ephesians 1:1–2. Today, our focus is on the “will of God.” How would you define the will of God? Read Acts 9:1–19. Consider how our God converted Saul. Paul goes on in Ephesians to bring the Gospel and its application. Why is it important to know the “will of God?” Compare Romans 1: 16. Compare “the power of God.”

Day 3

Read Ephesians 1:3. We read today of being blessed with all spiritual blessings in the heavenlies. Wow, this is a lot to consider, isn’t it? We need to define what a “spiritual blessing” is. Our redemption comes from God and He controls it through our glorification (Romans 8:28–32). The blessings are the grandest value that the universe can allow in having a mediator between us as fallen and our perfect Holy Father. Today, spend time rejoicing that God would have planned this from before time began. Also, regarding the heavenlies, read Ephesians 6:12. What are the heavenly places?

Day 4

Read Ephesians 1:4–5. We are following along the majestic and humbling path of the sovereignty of God. Consider the words predestined and election. Compare to Romans 8:29–32. Many struggle with God’s complete sovereignty, but here it shines out to us so brilliantly. Compare the upcoming verses in Ephesians 2:8–9. Who is responsible for your salvation?

Day 5

Read Ephesians 1:6. These are some of the most wonderful words in all the scriptures: “Blessed in the beloved.” Read Colossians 1:13. Who is the “beloved”? What is the significance of knowing we are blessed in the Beloved? How can we be sure? Use scripture to defend your answer.

Day 6

Read Ephesians 1:7–10. Here we finish this week with the Lord’s plan of redemption and its glory. Carefully read through these verses, and pause and meditate. Let us focus on the word “mystery.” What is a mystery, and why is it a mystery? Read Colossians 1:27 and Romans 16:25. Consider this mystery and what this means to us today. Spend time praising God for His plan and action in our redemption.